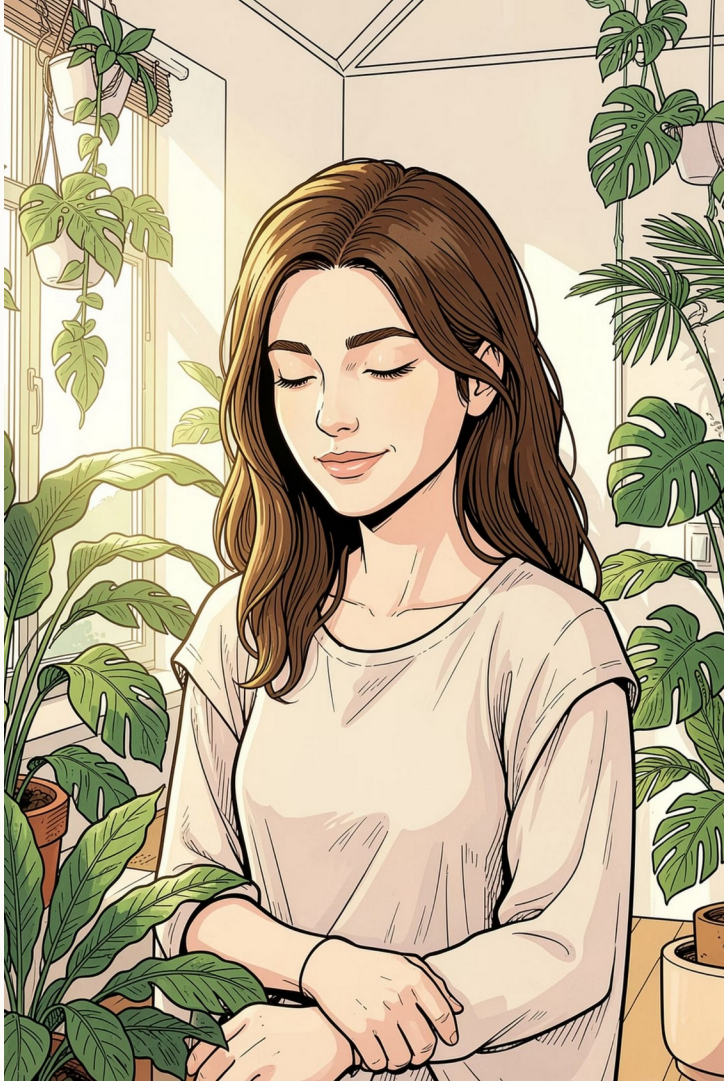
Redefining Your Health: A New Era of Wellness

Where science meets compassion — and your health becomes your greatest priority.

FUNCTIONAL HEALTH · WELLNESS CLINIC · LIFESTYLE MEDICINE



The Modern Healthcare Crisis

Reactive, Not Preventive

Traditional systems prioritize 15-minute appointments focused on treating symptoms — not preventing illness.

The Chronic Cycle

Without addressing root causes, patients cycle through diagnoses and prescriptions with no lasting resolution.

Disconnected from Healing

Patients feel unheard, overwhelmed, and left out of their own care journey.

Made with GAMMA

OUR MISSION

Maranatha Natural Living: A Partnership for Health

We exist to empower you to take control of your well-being — moving beyond disease management toward true prevention and lasting vitality.

At **maranathaliving.com**, you are not a chart. You are a partner in your own healing.

Made with GAMMA

What is Functional Health?

A science-based, patient-centered approach that treats the body as an interconnected system — not a collection of isolated symptoms.

Root Cause Focus

We identify underlying drivers — genetics, environment, and lifestyle — rather than masking symptoms.

Whole-System Thinking

Every system in your body is connected. Functional health addresses the whole you.

Evidence-Based Care

Grounded in the latest research, tailored to your unique biology and life.

Made with GAMMA

YOUR PROVIDER

The Role of Your Functional Medicine Doctor

Gabriella Neacsu Katz brings two decades of devoted experience as a board-certified specialist in family medicine. Her practice is built on a simple belief: your health goals deserve a dedicated partner.

- 20+ Years of Clinical Excellence
- Board-Certified in Family Medicine
- Your Personal Health Partner

Made with GAMMA

Lifestyle Medicine: Your Daily Prescription

Up to **80% of chronic diseases** can be addressed through intentional lifestyle changes. This is medicine you can live with — not just take.

Nutrition

Personalized dietary strategies that fuel your body and reduce inflammation.

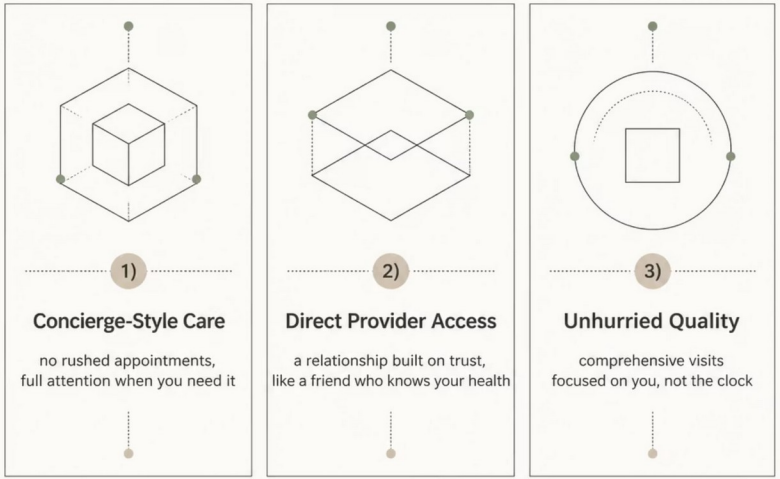
Movement

Exercise plans designed for your body, your goals, and your life.

Environment

Optimizing your surroundings to support rest, recovery, and resilience.

The Wellness Clinic Advantage



What Sets Us Apart

At Maranatha Living, care is not transactional. You receive direct access to your provider, unhurried appointments, and a relationship that goes beyond the exam room.

Concierge-style care means you are never just another patient on a schedule.

Made with GAMMA

Expanding Access: Telemedicine and Beyond

Expert functional medicine care is no longer limited by geography. We serve patients across **Vermont, New Hampshire, Massachusetts, Connecticut, Rhode Island, Colorado, Utah, and Idaho**.

Remote Consultations

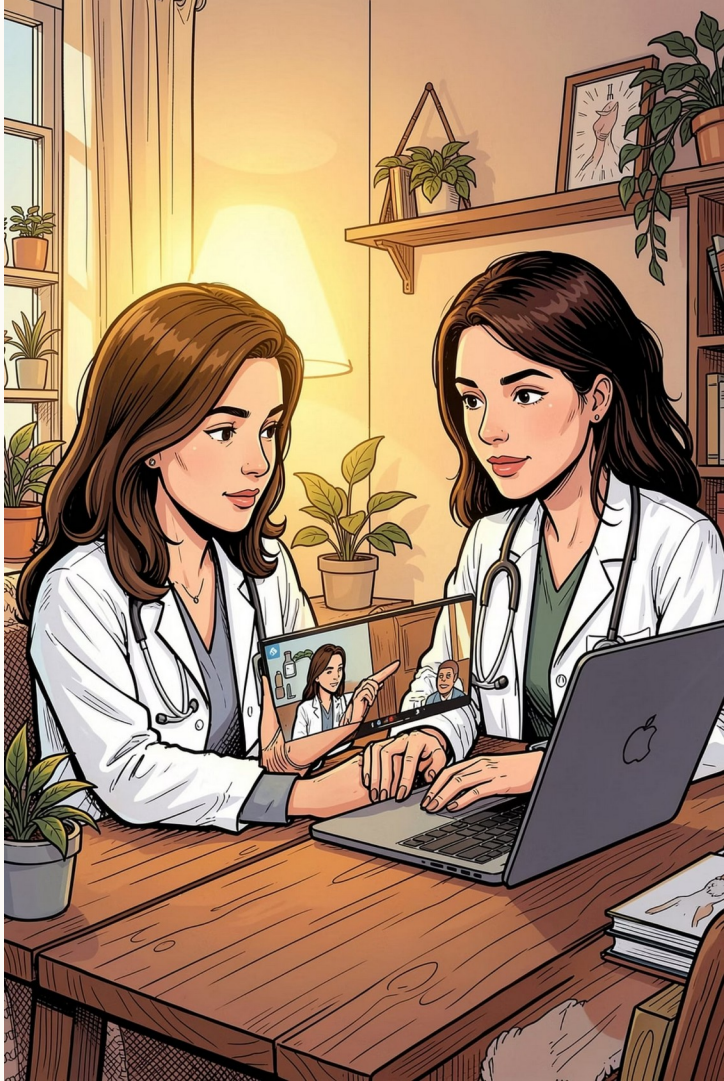
Flexible, holistic hormone and wellness support from wherever you are.

Comprehensive Testing

Advanced diagnostics including the Dutch Complete Hormone Panel.

Whole-Person Protocols

Personalized treatment plans delivered with the same care as in-person visits.



Achieving Your Personal Health Goals

True health is more than the absence of disease — it's vibrant, sustainable vitality.

Shift Your Baseline

Move from managing illness to building lasting wellness through evidence-based care.

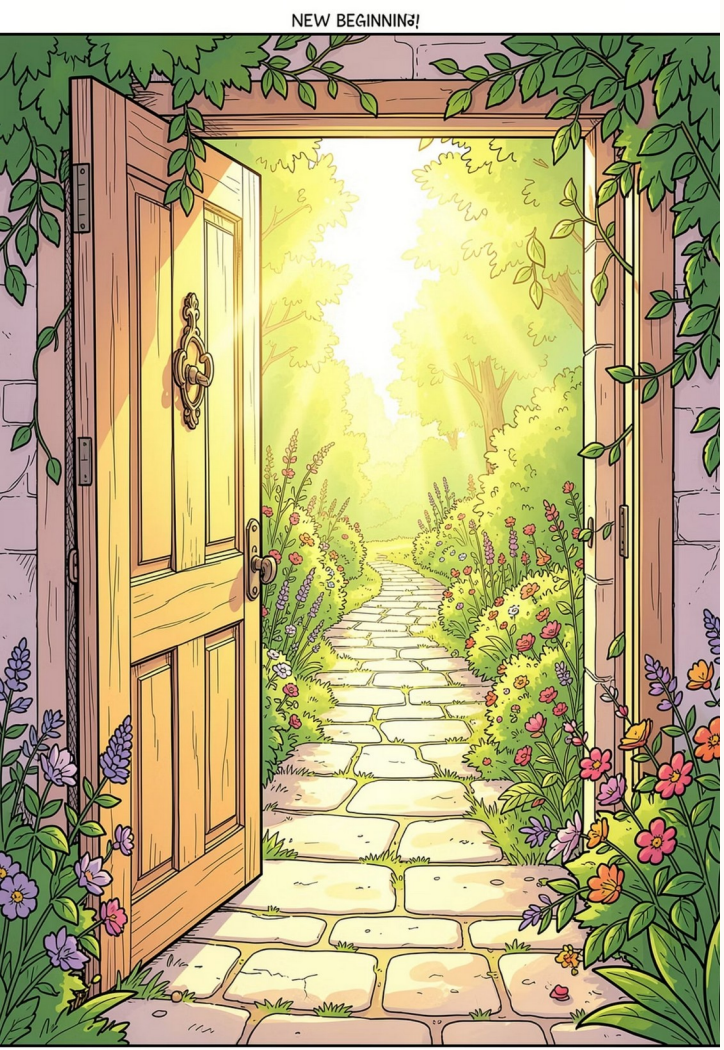
Invest in Prevention

Proactive, personalized care reduces long-term costs and improves outcomes.

Sustain Your Vitality

Make informed choices that empower you for a lifetime of health.

Made with GAMMA



Your Journey Starts Now

We are currently **accepting new patients**. Take the first step toward a healthier, more vibrant life.

Book Your Appointment

Visit **maranathaliving.com** to schedule your consultation.

Partner With Us

Together, we'll change your health — and change your life.

Made with GAMMA